

**CENTRAL CITY SENIOR DINING**  
**319-438-6691**

FEBRUARY 2026

MON	TUES	WED	THUR	FRI
2 TURKEY CLUB W/VEGGIES CHIPS VEGI JUICE FRUIT CUP	3 CHICKEN GACCIATORE W/ OLIVES GARDAN SALAD SEASONAL FRUIT	4 DEVILED EGG SANDWHICH CHICKEN NOODLE SOUP CH. CHIP COOKIE	5 HAM & EGG CHEF SALAD WHEAT ROLL FRUIT IN JELLO	6 SLICED HAM EGGS W/ SPINACH AND MUSHROOMS DICED RED POTATOES DANISH
9 CHIPOTLE CHICKEN SANDWHICH PEASALAD FRUIT COCKTAIL	10 MEXI BEEF LASAGNA MEXI COLESLAW APPLESAUCE ORANGE JUICE CHOCOLATE MOUSE	11 BEEF & BROCC RICE EGG ROLL COOKIE JUICE	12 D.C. CLUB/HACAP SALAD BAR MEATLOAF PARTY POTATOES SCALLOPED CORN SEASONAL FRUIT BROWNIE	13 MERRY ME SHRIMP RED POTATOES CILANTRO/LIME COLESLAW RED VELVET CAKE
16 SAUSAGE PIZZA TOMATO SPOON SALAD GREEN BEANS YOGURT	17 BBQ PULLED PORK SLIDERS TOSS SALAD GLAZED CARROTS GRAPE JUICE	18 MEDITERANIAN COD ROASTED POTATOES ZUCCHINI & SUGASH ORANGE SPICE CAKE	19 CHICKEN ALFREDO W/ BROCCOLI WHEAT ROLL MIXED FRUIT	20 TUNA AND NOODLES B&B PEAS GRAPES PIE
23 GOULASH TOSS SALAD WHOLE KERNAL CORN PEACH CRISP	24 HARD SHELL TACO REFRIED BEANS PINEAPPLE COOKIE	25 OPEN FACE TURKEY SAND WHIPPED POTATOES MIX VEGGIES PUDDING	26 BIG MAC SALAD CLEMENTINE BISQUIT JELLO	27 COD BITES TATOR TOTS CUCUMBER SALAD CARROT CAKE

MENU IS SUBJECT TO CHANGE. HAPPY BIRTHDAY TO OUR FRIEND'S IN FEBRUARY. JOIN US FRI. FEB 6<sup>TH</sup> FOR BREAKFAST AT 8 AM. THIS IS DINE IN ONLY. THE BREAKFAST MENU WILL BE DELIVERED AND SERVED AT NORMAL LUNCH TIME. 2<sup>ND</sup> THURSDAY IS OUR SALAD BAR, OPEN TO PUBLIC. 12 O'CLOCK SERVING TIME. (PRICE IS THE SAME AS YOUR MEAL)